

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2019

250 Arrowood Drive  
Clarksville, TN 37042  
(931)245-4700

			8:30a.m.Stretchercise <b>1</b> 9:30a.m.Table Hockey 10:30a.m.Arts/Crafts 11:00a.m Happy Hands 2:00p.m.Taboo 3:00p.m. Resident Council Meeting 4:30p.m.Pop Quiz 6:00p.m. RWB/Dominoes <small>May Day</small>	8:30a.m.Radio Hits <b>2</b> 9:30a.m.Shopping Trip/Health Talk 10:00a.m.Patio Chit Chat 12:00a.m.O'Charleys Trip 4:00p.m.Golden Oldies 6:45p.m.Worship Service	8:30a.m.Solitare <b>3</b> 9:30a.m.Pastries and Facts 10:00a.m.Fried Bologna/Cheese and News 11:00a.m.Battleship 1:30p.m. Music w/ Ray 3:00p.m.Bingo 4:00p.m.Volleyball Fun 6:00p.m.Friday Night Movies/Popcorn	8:30a.m.Channel 5 News <b>4</b> 9:30a.m.Aromatherpy 10:00a.m.Octoband Stretch 11:00a.m. Derby Races 1:30p.m.Saturday Matinee 3:30p.m. Watermelon on the Porch 5:00p.m.Derby/ Refreshments 6:00p.m.Nightly News
8:30a.m.History Corner <b>5</b> 9:00a.m.Hawaiian Lei Day 10:00a.m.Hawaiian Dancers 11:30a.m.Bible Study 1:30p.m.Community Chapel 2:30p.m. Cinco de Mayo Social 3:45p.m.History of May 5 <sup>th</sup> 6:00p.m. Let's Play Cards <small>Cinco de Mayo</small>	8:30a.m.What's New <b>6</b> 9:30a.m.Morning Stroll 10:45a.m.Sewing Class 1:30p.m.Karaoke 2:45p.m.Gardening with Friends 3:45p.m.Golf Cart Rides 6:00p.m Simon Says <small>Ramadan</small>	8:30a.m.Newspaper Review <b>7</b> 9:30a.m.Lotion Therapy 10:00a.m.Cooking Class 11:00a.m.Classic Music 1:30p.m.Ice cream sandwiches/ Brain teasers 2:00p.m.Tie Dye Shirts 4:00p.m.Bible Study 6:00p.m.Blackjack	8:30a.m.Current Events <b>8</b> 9:30a.m.Move to the Beat 10:00a.m.Outdoor Golf/Golf Cart 11:00a.m.Happy Hands 1:30p.m. Music w/ Ray 3:00p.m.Virtual Reality 6:00p.m. RWB/Dominoes	8:30a.m.Weather Facts <b>9</b> 9:30a.m. Fun Facts 10:00a.m.AMVETS visit 10:30a.m.Use your Noodle 11:00a.m.Shopping Trip 1:30p.m. Pool Table Games 2:45p.m.Patio Stories 3:45p.m.Smooth Sounds 6:45p.m.Worship Service	8:30a.m.Morning Review <b>10</b> 9:30a.m.Parachute Fun 10:00a.m.Golf Cart Rides 11:00a.m.Painting Class 1:00p.m.National Shrimp Day/Word Challenge 2:00p.m. Don's Entertainment 3:00p.m.Bingo 6:00p.m.Riddles and Giggles	8:30a.m.Current Affairs <b>11</b> 9:30a.m.Morning Workout 10:00a.m. Jazz Trio 11:00a.m.Target Shopping Trip 1:30p.m.Canvas Painting 2:45p.m.Patio Chit-Chat/Ice Cream 4:00p.m.Sensory Group 6:00p.m. Just for Nails
<p style="text-align:center"><b>Mother's Day</b> <b>12</b></p> 8:30a.m.Mom's Coffee 9:30a.m.Hand Massages 10:00a.m. Mother's Tea Party 11:30a.m.Bible Study 1:30p.m.Church Service 2:45p.m.Steel Magnolias 4:00p.m. Poems for Mom 6:00p.m.Popcorn/Drinks <small>Mother's Day</small>	<p style="text-align:center"><b>Super Hero Day</b> <b>13</b></p> 8:30a.m.Magic Potion 9:30a.m. Superhero Sewing Class 10:30a.m. Spiderman Maze 11:00a.m. Hero Bowling 1:00p.m.Ironman Stack em' 2:00p.m.Action Bingo 3:45p.m.Silly String Challenge 6:00p.m.Monday Night Sports	<p style="text-align:center"><b>Cultural Day</b> <b>14</b></p> 8:30a.m.Taste of Coffee 9:30a.m.Itailian Hat Craft 10:30a.m.Cooking Class-Italian Cuisine 1:30p.m.A Taste of Italy-Touring 2:30p.m.Gold Star Wives 4:00p.m.Bible Study 6:00p.m.Let's Learn about Italy	<p style="text-align:center"><b>Western Wednesday</b> <b>15</b></p> 8:30a.m.Cowboy Coffee 9:30a.m. Where's your aim 10:00a.m.Sack Races 11:00a.m. Country Karaoke 1:30p.m. Chili Chow Time 2:00p.m. Westerns w/ Ray 3:45p.m.Gunsmoke 6:00p.m. RWB/Dominoes	<p style="text-align:center"><b>Sports Day</b> <b>16</b></p> 8:30a.m.Basketball Bounce 9:30a.m.Outdoor East vs. West Volleyball 10:00a.m.Facility Outside Kickball 1:00p.m.T-Ball Game 2:45p.m.Beat the Clock 3:45p.m.Golfing 6:45p.m.Worship Service	<p style="text-align:center"><b>Military Day</b> <b>17</b></p> 8:30a.m. Strong Coffee 9:30a.m.Reminiscing/Cadence Calls 10:00a.m.Tug-O-War 11:00a.m.Lisa's Karaoke 1:30p.m. Obstacle Course 3:00p.m.Grace Presbyterian Church 4:00p.m.Military Bingo 6:00p.m I Declare War card game	<p style="text-align:center"><b>Old Skool' Day</b> <b>18</b></p> 8:30a.m.Instant Coffee 9:00a.m.Let's Build a Car 10:00a.m.Vintage Car Show 1:30p.m.Car Races 2:45p.m.Car Emblem Card Game 3:45p.m.Armed Forces Day/Reminiscing 6:00p.m. Tears of the Sun Movie <small>Armed Forces Day</small>
8:30a.m.Morning Social <b>19</b> 9:30a.m.Words w/ Friends 10:00a.m.Phase 10 11:30a.m.Bible Study 1:30p.m.Church Service 2:45p.m. Who, What, When 3:45p.m.Don't Break the Ice 6:00p.m.News New News	8:30a.m.News and Coffee <b>20</b> 9:30a.m.Ladder Ball Toss 10:45a.m.Sewing Class 1:30p.m.Karaoke 2:00p.m.Happy Hour 3:30p.m.Victoria Day Knowledge 6:00p.m. Monday Night Raw <small>Victoria Day (Canada)</small>	8:30a.m.Meditation Hour <b>21</b> 9:30a.m.Outdoor Painting Class 10:00a.m.Baking for All 11:00a.m.Conversation Circle 1:30p.m.Strawberry Ice Cream Day/ Outdoor Chit Chat 2:45p.m.Golf Cart Rides 4:00p.m.Bible Study 6:00p.m.Nightly News Recap	8:30p.m. Storytelling <b>22</b> 9:30a.m. Weight Training 10:30a.m.Arts/Crafts 11:00a.m. Sensory Pouches 1:30p.m.Rootbeer Floats/Memory Lane 2:00p.m.Resident Birthday Party 3:00p.m.Virtual Reality 6:00p.m. RWB/Dominoes	8:30a.m.Jazz and Stretch <b>23</b> 9:30a.m.Table Volleyball 10:00a.m.Courtyard Chat 11:00a.m.Sportsman's Lodge Trip 1:30p.m.Watercolors 2:45p.m.Jeopardy 3:45p.m.Patio Time 6:45p.m.Worship Service	8:30a.m.Cool Beans/ Coffee News <b>24</b> 9:30a.m.Movement to Music 10:00a.m.Golf Cart Rides 11:00a.m.Spelling Bee 1:30p.m. Music w/ Ray 2:30p.m. City Hall Trip 3:00p.m.Bingo 6:00p.m. Sports T.V.	8:30a.m.Soundwaves <b>25</b> 9:30a.m.Chair Dancing Exercises 10:00a.m. 11:00a.m.Shopping Trip 1:30p.m.UNO 2:30p.m.Banana Split Social 4:00p.m.Name that Celebrity 6:00p.m.Fun Hour and Games
8:30a.m.Bistro Hour <b>26</b> 9:30a.m.Sunday Matinee 10:00a.m.Hot Potato 11:30a.m.Bible Study 1:30p.m.Church Service 3:00p.m.Sunday Bingo 6:00p.m. Choice of Cards	8:30a.m.Coffee and Jokes <b>27</b> 9:30a.m.Balloon Release 10:45a.m.Sewing Class 11:00a.m. Sensory Stimulation 1:00p.m.Hot off the Grill 2:45p.m.Minute to Win it 3:35p.m.Popsicle Day/Sing-a-long 6:00p.m.Pine Pops	8:30p.m.Morning Review <b>28</b> 9:30a.m.Golf Cart Rides 10:00a.m. Cooking Class 11:00a.m.Grand Theater 1:30p.m.What's the Scoop 3:00p.m. National Hamburger Day Social/History 4:00p.m.Bible Study 6:00p.m.Table Twister	8:00a.m.Bistro Talk <b>29</b> 9:30a.m. Memory Shake Up 10:30a.m.Arts/Crafts 11:00 a.m.Touch and Go 1:30p.m.Residents Rights Bingo 2:30p.m. Virtual Reality 4:00p.m.Lets Cool Down(Popsicles) 6:00p.m. RWB/Dominoes	8:30a.m.TSVH News <b>30</b> 9:30a.m.Body in Motion 10:00a.m.Golf Cart Rides 11:00a.m.Picnic Trip @Marina 1:30p.m.What's the Scoop 2:00p.m.Let's Go Outside 3:45p.m.Pop Quiz 6:45p.m.Worship Service	8:30a.m.Men's Hour <b>31</b> 9:30a.m.Bead Corner 10:00a.m.Dominoes Challenge 11:00a.m.Mancala 1:00p.m.Fruit Social 1:30p.m. Music w/ Ray 3:00p.m.Bingo 6:00p.m.Battleship	

This calendar is subject to change, due to weather or resident request.