



MARCH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities are held in: Main Dining Room (D) Activity Kitchen (A) Multipurpose Room (MP) Library (L) Room to Room (R) Patio (P) Resident Lounge (RL) All activities and times are subject to change</p>	<p>BEAUTY/BARBER SERVICES AVAILABLE: RESIDENTS/FAMILY & STAFF- WEDNESDAY-THURSDAY 9A.M.-4P.M</p> <p>1:1 and Individual activities conducted daily as needed.</p> <p>Outdoor activities weather permitting.</p>	<p>FREE WI-FI NOW AVAILABLE!!!!!!!!!!!!!! USER NAME= quest PASSWORD = 5stars</p> <p>GOT AN ACTIVITY IDEA??? WE WANT TO HEAR FROM YOU!!! tpate@tsvh.org 865-862-8158</p>	<p>SPRING FORWARD 1 HOUR ON MARCH 10TH</p> 		<p>1 EMPLOYEE APPRECIATION DAY</p> <p>9:00- Good Day Rounds 9:30- Moving to the Music (RL) 10:00- Pet Visits with BEAR 10:00- GAMES & THINGS (MP) 1:00-CURRENT EVENTS (RL) 2:00-MUSIC with THREE OLD SAILORS (D) 4:30-House Calls/Mail Call (R)</p>	<p>2 ANNIVERSRY of the BATTLE of BISMARCK SEA MARCH 2nd-4th, 1943</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-RESIDENT CHOICE (RL) 1:00-CURRENT EVENTS (RL) 2:00-BINGO—(just 4 fun) 4:30-House Calls/Mail Call (R)</p>
<p>3 ALEXANDER GRAHAM BELL BORN 1847</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-SPIRITUAL REFLECTIONS (RL) 1:00-CURRENT EVENTS (RL) 2:30-CHURCH SERVICES (D) 3:30-MUSIC TIME (D) 4:30-House Calls (R)</p>	<p>4 SHROVE MONDAY</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-Fun Facts and Trivia RL) 1:00-CURRENT EVENTS (RL) 2:00-PET VISITS with RUDY 2:00-MARDI GRAS CRAFTS (D) 4:30-House Calls/Mail Call (R) 7:00-Smokey Mountain Blues Society (D)</p>	<p>5 MARDI GRAS 2019</p> <p>9:00-Good Day Rounds 9:00-PET VISITS with TAZ 9:30-Moving to the Music (RL) 10:00-1ST BAPTIST Middle School Choir (D) 10:30-Sip & Social (D) 1:00-CURRENT EVENTS (RL) 2:00-PET VISITS with MACKENZIE 2:00-MARDI GRAS PARTY (D) 4:30-House Calls/Mail Call (R)</p>	<p>6 ASH WEDNESDAY</p> <p>9:00- Good Day Rounds 9:30- Moving to the Music (RL) 10:00-PET VISITS with ANGEL 10:00-GOLDEN EAGLES PEFORM (D) 1:00-CURRENT EVENTS (RL) 2:00- Pet Visits with MARSHALL 2:00- BINGO (D) 4:30-House Calls/Mail Call (R) 7:00-Ridgedale Baptist Game Night (MP)</p>	<p>7 MAD FOR PLAID DAY</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-RESIDENT CHOICE (RL) 1:00-CURRENT EVENTS (RL) 1:00-Pet Visits with LILY 2:00-Popcorn/Snacks and a Movie (MP) 4:30-House Calls/Mail Call (R)</p> <p>EVERONE WEAR YOUR PLAID</p>	<p>8 NEW YORK STOCK EXCHANGE FOUNDED 1817</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-Pet Visits with BEAR 10:00-KITCHEN TIME (A) 1:00-CURRENT EVENTS (RL) 2:00-PURE FAITH PERFORMS (D) 3:00-DID YOU KNOW... (D) 4:30-House Calls/Mail Call (R)</p>	<p>9 BARBIE, "BORN" 1959</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-RESIDENT CHOICE (RL) 1:00-Current Events (RL) 2:00-MOVIE TIME (RL) 4:30-House Calls/Mail Call</p> <p><i>SPRING "FORWARD" BEFORE BED TONIGHT</i></p>
<p>10 DAYLIGHT SAVING TIME BEGINS</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-SPIRITUAL REFLECTIONS (RL) 1:00-CURRENT EVENTS (RL) 2:30-Church Services (D) 4:30-House Calls (R)</p>	<p>11 LAWRENCE WELK BORN 1903</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-GRACE BAPTIST CHOIR PERFORMS (D) 1:00-CURRENT EVENTS (RL) 2:00-PET VISITS with RUDY 2:00-BINGO (D) 4:30-House Calls/Mail Call (R)</p>	<p>12 GIRL SCOUTS FOUNDED 1912</p> <p>9:00-Good Day Rounds 9:00-PET VISITS with TAZ 9:30-Moving to the Music (RL) 10:00-EASY EXERCISE and MORE (D) 1:00-CURRENT EVENTS (RL) 2:00-PET VISITS with MACKENZIE 2:00-Popcorn/Snacks and a Movie (MP) 4:30-House Calls/Mail Call (R)</p>	<p>13 REGISTERED DIETITIANS DAY</p> <p>9:00- Good Day Rounds 9:30- Moving to the Music (RL) 10:00-PET VISITS with ANGEL 10:00-ST. PATRICK'S DAY CRAFT (D) 1:00-CURRENT EVENTS (RL) 2:00-Pet Visits with MARSHALL 2:00-JUDY & WARREN PERFORM (D) 4:30-House Calls/Mail Call (R) 7:00-Elks Lodge #160 Ice Cream Social (D)</p>	<p>14 Pi DAY (3.14)</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-WHO, WHAT, WHERE (D) 1:00-CURRENT EVENTS (RL) 1:00-Pet Visits with LILY 2:00-APPALACHIAN DULCIMER GROUP PERFORMS (D) 4:30-House Calls/Mail Call (R)</p>	<p>15 Supreme Justice, Ruth Bader Ginsburg born 1933</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-Pet Visits with BEAR 10:00-MUSIC with KATHY BUNCH (D) 1:00-CURRENT EVENTS (RL) 2:00-ST. PATRICK'S PARTY (D) 4:30-House Calls/Mail Call (R)</p>	<p>16 WEAR NO GREEN TODAY</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-RESIDENT CHOICE (RL) 1:00-Current Events (RL) 2:00-BINGO with SAMUEL FRAZIER DAR (D) 4:30-House Calls/Mail Call</p>
<p>17 ST. PATRICK'S DAY</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-SPIRITUAL REFLECTIONS (RL) 1:00-CURRENT EVENTS (RL) 2:30-CHURCH SERVICES (D) 3:30-NORTHSIDE CHURCH (D) 4:30-House Calls (R)</p>	<p>18 POPPIN' FRESH DAY</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-KITCHEN TIME (D) 1:00-CURRENT EVENTS (RL) 2:00-PET VISITS with RUDY 2:00-VFW5150 & American Legion Post 120 Social Time with Music (D) 4:30-House Calls/Mail Call (R)</p>	<p>19 MARCH MADNESS BEGINS</p> <p>9:00-Good Day Rounds 9:00-PET VISITS with TAZ 9:30-Moving to the Music (RL) 10:00-MAKING DIXIE CUP TREATS (A) 1:00-CURRENT EVENTS (RL) 2:00-PET VISITS with MACKENZIE 2:00-Popcorn/Snacks and a Movie (MP) 4:30-House Calls/Mail Call (R)</p>	<p>20 SPRING BEGINS TODAY</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-PET VISITS with ANGEL 10:00-ALL ABOUT ASTROLOGY (D) 1:00-CURRENT EVENTS (RL) 2:00-Pet Visits with MARSHALL 2:00-BINGO (D) 4:30-House Calls/Mail Call (R)</p>	<p>21 ARIES THE RAM DAY---3/21--4/19</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-KATHY HUBER PERFORMS (D) 1:00-CURRENT EVENTS (RL) 1:00-Pet Visits with LILY 2:00-SMOOTH SOUNDS of BRANDYWINE (D) 4:30-House Calls/Mail Call (R)</p>	<p>22 TUSKEGEE AIRMEN ACTIVATED 1941</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-Pet Visits with BEAR 10:00-TV FUNNY TIME (RL) 1:00-CURRENT EVENTS (RL) 2:00-BINGO (D) 4:30-House Calls/Mail Call (R)</p>	<p>23 NATIONAL PUPPY and KITTEN DAY</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-RESIDENT CHOICE (RL) 1:00-Current Events (RL) 2:00-MOVIE TIME (RL) 4:30-House Calls/Mail Call</p>
<p>24 ELVIS PRESLEY joins the ARMY 1958</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-SPIRITUAL REFLECTIONS (RL) 1:00-CURRENT EVENTS (RL) 2:30-CHURCH SERVICES (D) 4:30-House Calls (R)</p>	<p>25 NATIONAL MEDAL OF HONOR DAY</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-MAN OF A 1000 VOICES (D) 1:00-CURRENT EVENTS (RL) 2:00-PET VISITS with RUDY 2:00-THINK & DRINK (D) 3:00-RESIDENT COUNCIL (A) 3:00-Pet Visits with Winston 4:30-House Calls/Mail Call (R)</p>	<p>26 DUNCAN HINES BORN 1880</p> <p>9:00-Good Day Rounds 9:00-PET VISITS with TAZ 9:30-Moving to the Music (RL) 10:00-"JOY CHOIR" PERFORMS (D) 1:00-CURRENT EVENTS (RL) 2:00-PET VISITS with MACKENZIE 2:00-Popcorn/Snacks and a Movie (MP) 4:30-House Calls/Mail Call (R)</p>	<p>27 QUIRKY COUNTRY SONGS DAY</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-PET VISITS with ANGEL 10:00-FACT or CRAP (D) 1:00-CURRENT EVENTS (RL) 2:00-Pet Visits with MARSHALL 2:00-BINGO (D) 4:30-House Calls/Mail Call (R)</p>	<p>28 1ST BATCH of COCA-COLA BREWED 1886</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-PATIO TIME 1:00-CURRENT EVENTS (RL) 1:00-Pet Visits with LILY 2:00-MARCH BIRTHDAY CELEBRATION with SPECIAL GUEST PERFORMER (D) 4:30-House Calls/Mail Call (R)</p>	<p>29 CHARLIE BROWN'S 1ST HOME RUN 1993</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-Pet Visits with BEAR 10:00-EASY EXERCISE & MORE (D) 1:00-CURRENT EVENTS (RL) 2:00-PATIO TIME 4:30-House Calls/Mail Call (R)</p>	<p>30 NATIONAL DOCTOR'S DAY</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-RESIDENT CHOICE (RL) 1:00-Current Events (RL) 2:00-MOVIE TIME (RL) 4:30-House Calls/Mail Call</p>
<p>31 CRAYOLA CRAYON DAY</p> <p>9:00-Good Day Rounds 9:30-Moving to the Music (RL) 10:00-SPIRITUAL REFLECTIONS (RL) 1:00-CURRENT EVENTS (RL) 2:30-CHURCH SERVICES (D) 4:30-House Calls (R)</p>	<p>*Spontaneous activities throughout the day per residents' wishes/preferences.</p>	<p>Religious Services</p> <p>Baptist Service is Sundays at 2:30 P.M.</p> <p>Catholic Service is held every Tuesday on the 1:1 basis.</p>			<p>*FAMILY SUPPORT GROUP*</p> <p>LAST FRIDAY EACH MONTH</p> <p>4 p.m. IN THE ACTIVITY KITCHEN</p> <p>SPOUSE, FAMILY MEMBER, FRIEND or CAREGIVERS ARE ENCOURAGED TO ATTEND</p> <p>SHARE YOUR STORIES or JUST LISTEN COME JOIN US</p>	<p>MARCH MADNESS-LET THE HOOPS BEGIN</p> 

TO ALL OUR VETERANS, WE SAY, "THANK YOU!!!!"